

HOME OF *American Rights*

Modern Menu Inspiration

Breakfast

- Bagel
- Biscuits and gravy
- Cereal and milk
- Pancakes
- Smoothie
- Waffles

Lunch

- BLT
- California roll
- Chicken Caesar salad
- Cobb salad
- Hot dogs
- Peanut butter sandwich
- Philly cheesesteak
- Po boy
- Tomato soup and grilled cheese

Snacks

- Popcorn
- Pretzel chips
- Veggie Sticks and Ranch
- Sliced apple and peanut butter
- Chips and dip
- String cheese

Dinner

- Buffalo wings
- Casseroles
- Cheeseburger and fries
- Chili
- Clam chowder
- Curry
- Enchiladas
- Fajitas
- Fried chicken
- Grilled chicken
- Macaroni and cheese
- Nachos
- Orange chicken
- Pad Thai
- Pizza
- Pork chops
- Pot roast
- Ribs
- Spaghetti and meatballs
- Stir fry
- Taco night

Sides

- Baked beans
- Baked potato
- Corn on the cob
- Cornbread
- French fries
- Garlic bread
- Grits
- Mashed potatoes and gravy
- Pasta salad
- Potato salad

Dessert

- Apple pie
- Brownies
- Chocolate chip cookies
- Key lime pie
- S'mores
- Chocolate pudding
- Tiramisu
- Cake



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Historic Menu Inspiration

Menu Item	Explanation
Main Dishes	
Oyster Soup	
Leg of Pork with Pease Pudding	(Pease pudding is a dish of peas that are boiled, mashed in a bag, and then boiled again so they become a kind of loaf.)
Baked Shad	Shad is kind of fish, which found in the Potomac in great quantities in the 18th century
Broiled Steaks	
Roast Venison	Venison is deer meat.
Beef olives	Beef olives are thinly sliced cuts of beef, rolled around mustard, olives and onions, braised in a brown sauce.
White Fricasey	Chunks of chicken breast are sauteed and served with a white sauce of cream and mushrooms
Cheshire Pork Pie	Within a puff pastry crust, thinly sliced pork dressed with salt, pepper, and nutmeg is layered with sliced sugared apples, and bathed in white wine before being baked
Sides	
Potato Balls	Potatoes mashed with egg, dusted with flour or breadcrumbs, and browned in an oven which could be served as a side dish.
Mashed Turnips	
Boiled Salad	Boiled turnip greens and cabbage, which were dressed with butter, vinegar, salt and pepper.
Cooked and Dressed Veggies	Spinach, carrots, parsnips, turnips, broccoli, artichokes, asparagus



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Historic Menu Inspiration, Cont.

Menu Item	Explanation
Sides	
Forcemeat balls	Shredded meat and fat, mixed with sweet herbs like parsley, sage, and thyme, rolled into balls and cooked; often served as part of a larger meat dish, like a garnish.
A Baked Indian Pudding	Cornmeal, salt, molasses, and boiled milk which is mixed together and baked
Tomatas and Okra	Tomatoes and okra sauteed with butter.
Desserts	
Sweetmeat Pudding	Sweetmeat refers to foods like preserved fruits or candied nuts and seeds. In this dish, marmalade and puff pastry are layered together. The layers are then folded together, tied in a cloth, and boiled.
Apple Pudding	Pureed apples baked within a puff pastry crust.
Gingerbread cake	
Mackeroons	Macaroon cookies
Lemon Cheesecake	