### Modern Menu Inspiration

#### Breakfast
- Bagel
- Biscuits and gravy
- Cereal and milk
- Pancakes
- Smoothie
- Waffles

#### Lunch
- BLT
- California roll
- Chicken Caesar salad
- Cobb salad
- Hot dogs
- Peanut butter sandwich
- Philly cheesesteak
- Po boy
- Tomato soup and grilled cheese

#### Snacks
- Popcorn
- Pretzel chips
- Veggie Sticks and Ranch
- Sliced apple and peanut butter
- Chips and dip
- String cheese

#### Dinner
- Buffalo wings
- Casseroles
- Cheeseburger and fries
- Chili
- Clam chowder
- Curry
- Enchiladas
- Fajitas
- Fried chicken
- Grilled chicken
- Macaroni and cheese
- Nachos
- Orange chicken
- Pad Thai
- Pizza
- Pork chops
- Pot roast
- Ribs
- Spaghetti and meatballs
- Stir fry
- Taco night

#### Sides
- Baked beans
- Baked potato
- Corn on the cob
- Cornbread
- French fries
- Garlic bread
- Grits
- Mashed potatoes and gravy
- Pasta salad
- Potato salad

#### Dessert
- Apple pie
- Brownies
- Chocolate chip cookies
- Key lime pie
- S'mores
- Chocolate pudding
- Tiramisu
- Cake
# Historic Menu Inspiration

<table>
<thead>
<tr>
<th>Menu Item</th>
<th>Explanation</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Main Dishes</strong></td>
<td></td>
</tr>
<tr>
<td>Oyster Soup</td>
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<tr>
<td>Leg of Pork with Pease Pudding</td>
<td>(Pease pudding is a dish of peas that are boiled, mashed in a bag, and then boiled again so they become a kind of loaf.)</td>
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<tr>
<td>Baked Shad</td>
<td>Shad is kind of fish, which found in the Potomac in great quantities in the 18th century</td>
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<tr>
<td>Broiled Steaks</td>
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<tr>
<td>Roast Venison</td>
<td>Venison is deer meat.</td>
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<tr>
<td>Beef olives</td>
<td>Beef olives are thinly sliced cuts of beef, rolled around mustard, olives and onions, braised in a brown sauce.</td>
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<tr>
<td>White Fricasey</td>
<td>Chunks of chicken breast are sauteed and served with a white sauce of cream and mushrooms</td>
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<tr>
<td>Cheshire Pork Pie</td>
<td>Within a puff pastry crust, thinly sliced pork dressed with salt, pepper, and nutmeg is layered with sliced sugared apples, and bathed in white wine before being baked</td>
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<tr>
<td><strong>Sides</strong></td>
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<tr>
<td>Potato Balls</td>
<td>Potatoes mashed with egg, dusted with flour or breadcrumbs, and browned in an oven which could be served as a side dish.</td>
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<tr>
<td>Mashed Turnips</td>
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<tr>
<td>Boiled Salad</td>
<td>Boiled turnip greens and cabbage, which were dressed with butter, vinegar, salt and pepper.</td>
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<tr>
<td>Cooked and Dressed Veggies</td>
<td>Spinach, carrots, parsnips, turnips, broccoli, artichokes, asparagus</td>
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<td><strong>Sides</strong></td>
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<tr>
<td>Forcemeat balls</td>
<td>Shredded meat and fat, mixed with sweet herbs like parsley, sage, and thyme, rolled into balls and cooked; often served as part of a larger meat dish, like a garnish.</td>
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<tr>
<td>A Baked Indian Pudding</td>
<td>Cornmeal, salt, molasses, and boiled milk which is mixed together and baked.</td>
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<tr>
<td>Tomatas and Okra</td>
<td>Tomatoes and okra sauteed with butter.</td>
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<tr>
<td><strong>Desserts</strong></td>
<td></td>
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<tr>
<td>Sweetmeat Pudding</td>
<td>Sweetmeat refers to foods like preserved fruits or candied nuts and seeds. In this dish, marmalade and puff pastry are layered together. The layers are then folded together, tied in a cloth, and boiled.</td>
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<tr>
<td>Apple Pudding</td>
<td>Pureed apples baked within a puff pastry crust.</td>
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<tr>
<td>Gingerbread cake</td>
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<tr>
<td>Mackeroons</td>
<td>Macaroon cookies</td>
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<tr>
<td>Lemon Cheesecake</td>
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</table>